



New Year. New You.

It's Your Path to Choose.

The beginning of a new academic/calendar year is a pivotal time for you and your chapter, and it is important to use this time to visualize what you wish to achieve throughout the year. This poster is a resource provided to help you in your position, and your chapter as a whole, to determine the possibilities before you.

Whether you are taking over the role of someone who excelled or someone who has neglected their role, you should know there are opportunities to make a positive impact on your chapter. In this effort it is important that you take the right approach. At this time you should pause and look at the bigger picture of where your chapter is headed, and then identify what role you can play in your new position to help the chapter get there.

Take this poster to your next meeting, executive committee or otherwise, and spend time discussing the following questions in relation to the poster:

Priorities:

“The key is not to prioritize what’s on your schedule, but to schedule your priorities.” – Stephen Covey

This is about putting the things that are most important first. If you do not it will be increasingly difficult to complete them. [*The “Big Rocks” of Life by Stephen Covey*](#) is a resource that helps visualize why we should be putting the things that are most important first.

- *What one thing could you do (that you are not doing currently) that, if you did on a regular basis, would make a big difference in your personal/academic life?*
- *How do you go about setting priorities?*

Decisions:

“In any moment of decision, the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing.” – Theodore Roosevelt

- *How do we make decisions?*
- *How do the decisions you make affect those around you?*
- *What is the impact of our decisions?*
- *What decision could be made to make your fraternity experience more enjoyable?*
- *What are some good decisions you plan on committing to this year?*

Choices:

“I am who I am today because of the choices I made yesterday.” – Eleanor Roosevelt

- *How are you making choices now?*
- *What are some ways we weigh the choices we currently have?*
- *What is the value in getting this done and what is the risk if I don't?*

Resource adapted from Zeta Tau Alpha's *New Year, New You: A Conversation Starter*

Challenges:

“If you have a positive attitude and constantly strive to give your best effort, eventually you will overcome your immediate problems and find you are ready for greater challenges.” – Pat Riley

- *What challenges will you be facing this year?*
- *How do we plan on addressing these challenges?*
- *Who can we reach out to for help overcoming these challenges?*

Opportunities:

“Success is where preparation and opportunity meet.” – Bobby Unser

- *What is the one thing I want to say I accomplished this time next year?*
- *What can I do to make the year ahead a positive experience for all?*

Tips for starting the year off right...

- Make sure to review the Pursuit of Excellence Chapter Self-Assessment Booklet with ratings and feedback. It is encouraged that the chapter create a Strategic Plan, utilizing [All-Chapter LEAD Module B Session 8: PEP Strategy Session](#), to help map a plan for the new year.
- Take a look through the resources available on the Sigma Nu website ([Officer Resources](#), [Best Practices Library](#), [LEAD sessions](#), etc.).
- S.M.A.R.T. goals are the most effective way of goal setting. Write down those items you want to accomplish and review them to make sure they are Specific, Measurable, Attainable, Realistic, and Time Sensitive. It is also important to review these goals frequently.
- Write down [important due dates](#) and deadlines and review them often.
- Reach out to engaged stakeholders frequently for additional support with what you are looking to accomplish.
- Review and reflect on your progress often.