These Hands Don't Haze
Accept the challenge, share your story, join the movement

Since Sigma Nu's founding in 1869, we have and will continue to take a strong stance against hazing. Even if hazing is not occurring in your own chapter, it is your duty as a Sigma Nu initiate to spread awareness and help combat the dangerous practice of hazing in your Fraternity and Sorority Life community. Accept the challenge, share your story, and join the movement to end hazing.

Use this guide to lead a discussion about National Hazing Prevention Week, the importance of combating hazing as a campus community, and the various options that are available to report hazing.

What Is National Hazing Prevention Week?

National Hazing Prevention Week (NHPW) is an opportunity for campuses, communities, organizations, and individuals to raise awareness, educate others, and promote the prevention of hazing. NHPW is organized by HazingPrevention.Org™ (HPO). Officially designated for the last full week of September each year, HPO encourages you to make hazing prevention an everyday activity – not just one week out of the year.

Does your campus already participate in National Hazing Prevention Week? If so, what are some ways your chapter could get involved? If not, how might your chapter begin raising awareness for hazing prevention?

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To be successful, hazing prevention requires a joint effort by all stakeholders within your campus community. This includes chapter leaders, members, and advisors across IFC, NPC, MGC and NPHC as well as across campus departments such as athletics, marching band, student recreation, etc. Accepting the challenge of "These Hands Don't Haze" requires organizations to hold each other accountable for their actions — both internally and externally. Joining the movement to end hazing means that you pledge to: prevent hazing before it occurs, intervene when you see it happening, report it when you know it has transpired, and help empower others to do the same in their organizations, schools, and communities.

It is also important to note that hazing extends far beyond just *physical hazing* (calisthenics, paddling, etc.). Hazing can also be psychological or verbal, where new members are subjected to mental discomfort, embarrassment, harassment, or ridicule.

Why do you think it is important for all members of the Fraternity and Sorority community to play a role in hazing prevention? Why do you think it is important to include other campus departments in hazing prevention efforts? What are some other examples of hazing beyond "physical hazing"?

The 2008 National Hazing Study by Dr. Elizabeth Allan and Dr. Mary Madden found that hazing occurred across a wide range of student organizations. For example, 74% of athletes, 64% of club sports participants, 56% of performing arts organization members, and 49% of service fraternity or sorority members all reported experiencing a hazing behavior.

Report Hazing

If you become aware of hazing occurring, know that you have options for reporting it. If you are comfortable speaking with an advisor or campus administrator, that is a great route to take. Should you prefer to remain anonymous, the Anti-Hazing Hotline and online reporting form are available 24 hours a day, 7 days a week.

What Are My Options?
- Chapter Advisor or other engaged alumni
- Fraternity and Sorority Life Advisor
- National Organization Headquarters *(can be anonymous if desired)*
- Anti-Hazing Hotline (*Anonymous*)
  - (888) NOT-HAZE
- Online Reporting (*Anonymous*)
  - http://fraternallaw.com/contact/anti-hazing-hotline
- University or Local Police Department

What are some other examples of ways in which you could report hazing? Why might some students find it difficult to report hazing? How do you remedy that?

Resources

HAZINGPREVENTION.ORG
HTTP://HAZINGPREVENTION.ORG/

ANTI-HAZING HOTLINE
HTTP://FRATERNALLAW.COM/CONTACT/ANTI-HAZING-HOTLINE/

HAZING INFORMATION SITE – CORNELL UNIVERSITY
HTTPS://HAZING.CORNELL.EDU/INDEX.CFM

CAMPUS GREEK LIFE OFFICE OR STUDENT AFFAIRS STAFF