

Principles Congruent Environments Action Plan

**This Action Plan was Updated:
By:**

The Principles Congruent Environments Action Plan

The Principles Congruent Environments Action Plan is an essential tool for outlining the chapter's strategy for risk management and prevention. The Fraternity believes that the physical and social environments created by the chapter should foster positive growth and development and the establishment of lifelong friendships. This should also include the promotion of safe and healthy lifestyles. Furthermore, the Fraternity believes that the chapter should foster a brotherhood that respects the dignity of people while embracing the free exchange of ideas.

The foundation of this plan is grounded in the idea that Sigma Nu chapters should be able to think strategically about risk management as well as maintain compliance with the Fraternity's *Risk Reduction Policy* and the applicable policies and expectations of the IFC and college/university.

Resources and Support

This Principles Congruent Environments Plan was completed under the guidance of the following chapter resources:

- [Risk Reduction Chairman's Officer Manual](#)
- [Social Chairman's Officer Manual](#)
- [House Manager's Officer Manual](#)
- [Pursuit of Excellence Guidelines for Principles Congruent Environments](#)
- [General Fraternity Resources for Risk Management](#)
- [Educational Programs Resources](#)
- [Social Planning Guide](#)
- [Crisis Management Plan Template](#)
- [Strategic Planning and Officer Action Plan Overview](#)
- [The Law of Sigma Nu Fraternity, Inc.](#)
- [Risk Reduction Policy](#)

Envisioned Future

The Risk Reduction Committee

THE RISK REDUCTION CHAIRMAN

The role and expectations of the Risk Reduction Chairman.

THE RISK REDUCTION COMMITTEE ROSTER

Committee Member Name	Position
	Risk Reduction Chairman
	Social Chairman
	Commander

Advisor Name	Advisor Position	Phone	Email
	Committee Advisor		

RISK REDUCTION COMMITTEE ROLE

The role and expectations of the Risk Reduction Committee.

RISK REDUCTION COMMITTEE GOALS

Committee goals use the S.M.A.R.T. format – Specific, Measurable, Agreed-Upon, Realistic, and Timely.

RISK REDUCTION COMMITTEE MEETING SCHEDULE

RISK REDUCTION COMMITTEE EXPECTATIONS

RISK REDUCTION COMMITTEE STANDARD AGENDA

The standard agenda for future risk reduction committee meetings will be as follows:

RISK REDUCTION COMMITTEE BUDGET

Principles Congruent Environments Education

COMMUNITYEDU

Chapter plans for ensuring member completion of CommunityEdu.

RISK MANAGEMENT EDUCATION

Chapter process for educating its members on prevention strategies and risk management.

This section is dedicated to the chapter's schedule and calendar for LEAD sessions connected to the creation of principles congruent environments. The spaces and boxes outlined document the chapter's completed and/or planned programs. Boxes left blank indicate that the chapter has not made plans to implement that session during the current academic year. The chapter's plan for educational workshops outside of the LEAD Program will be included at the end of this section.

LEAD SESSIONS

Phase I: Session 5: Risk Reduction	Facilitator(s):
Date(s) Facilitated:	

Phase I: Session 6: Values and Ethics	Facilitator(s):
Date(s) Facilitated:	

Phase I: Session 7: Alcohol Misuse Prevention	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module A: Session 1: Wellness	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module A: Session 6: Diversity	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module B: Session 7: Accountability	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module C: Session 1: Alcohol Abuse	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module C: Session 2: Sexual Assault (Social Strengths Workshop)	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module C: Session 3: Fire Safety and Chapter Maintenance	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module C: Session 4: Sexually Transmitted Infections (STI's)	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module C: Session 5: Safe Medication Practices for Life	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 1: Understanding Mental Health	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 2: Your Mental Health	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 3: Changing Ineffective Coping	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 4: Talk To A Brother	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 5: Before the Breakdown	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 6: Acute vs. Chronic Stress	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 7: Good Stress and Stopping Procrastination	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 8: Sympathy, Empathy, and Compassion	Facilitator(s):
Date(s) Facilitated:	

All-Chapter Module D: Lesson 9: Neuroscience of Happiness	Facilitator(s):
Date(s) Facilitated:	

ADDITIONAL EDUCATION

Chapter's plans for additional educational sessions / workshops hosted by the chapter.

EDUCATIONAL RESOURCES PROVIDED BY THE CAMPUS

Description of the resources and programs made available by the campus.

Anti-Hazing Education

SIGMA NU FRATERNITY'S HAZING DEFINITION

Hazing as defined by the General Fraternity in the Risk Reduction Policy:

II. Hazing

The chapter does not conduct hazing. Hazing is defined by Sigma Nu Fraternity as:

"... any action taken, or situation created, intentionally, whether on or off fraternity premises, to produce mental or physical discomfort, embarrassment, harassment, or ridicule. Such activities may include but are not limited to the following: paddling in any form; creation of excessive fatigue; physical and psychological shocks; quests, treasure hunts, scavenger hunts, road trips, lineups or any other such activities carried on outside or inside the confines of the chapter house; wearing, publicly, apparel which is conspicuous and not normally in good taste; engaging in public stunts and buffoonery; morally degrading or humiliating games and activities; late work sessions which interfere with scholastic activities; and any other activities which are not consistent with fraternal law, ritual or policy or the regulations and policies of the educational institution."

The willingness of any individual to participate in any hazing activity does not excuse any hazing violation.

CAMPUS DEFINITION OF HAZING

Hazing as defined by the College/University:

HAZING PREVENTION

Chapter's efforts to educate its members and uphold Sigma Nu's anti-hazing principles.

Event Management

Ensuring chapter members are committed to creating principles congruent environments is essential for the well-being and success of a chapter. Part of this effort involves educating the chapter and campus community about topics in health & safety and risk reduction. Another part is in executing events that put the Fraternity's principles and the chapter's values into action and promote respect and dignity for members and guests. The remaining sections of this Action Plan are dedicated to describing the chapter's procedures for event management.

UNIVERSITY / IFC POLICIES AND EXPECTATIONS

College / university and IFC policies governing social events and event planning for the chapter and Fraternity / Sorority Community.

CHAPTER EVENT PROCEDURES

Chapter's procedures for social events and event planning.

CRISIS MANAGEMENT PROCEDURES