



# Now More Than Ever

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## Introduction

COVID-19, and its impact on college campuses across North America, has created a sense of uncertainty for chapter members, volunteers, alumni, and society at-large. Most campuses have shifted to virtual or hybrid instruction. This means your fraternal experience may either be virtual or socially distant, which will require adjustment.

However, despite all the uncertainty, one thing remains constant – the brotherhood and sisterhood formed and supported within each fraternity and sorority.

## Show the Brotherhood & Sisterhood Now More Than Ever poster.

Let us spend a few minutes thinking through ways to sustain a strong brotherhood when operating virtually.

## Discussion Questions

Use the following discussion questions to process the poster's educational message.

*Q: What are some ways we can sustain our brotherhood in a virtual environment?*

Examples could include:

- Schedule time to catch up.
- Schedule weekly brotherhood check-ins. Pair people up for weekly check-ins.
- Virtual movie night/watch part through a streaming service.
- Virtual lunch or dinner or schedule time to share a meal in small groups.
- Organize a game night on an app like JackBox.
- Coordinate and share gamer tags for cooperative and multiplayer games.
- Set up a virtual fitness challenge.
- Socially distant outdoor activities like golf or gather for a picnic lunch in a park.

Review the Fraternity's [Brother Development resources for Virtual Operations](#) for additional ideas.

*Q: What are some ways we can engage our newest members in our brotherhood in a way that makes them feel supported?*

Examples could include:

- Create a structured schedule for Big Brothers to check-in with their Little Brothers.
- Connect alumni for one-on-one meet and greet video calls with new members.
- Utilize the Fraternity's [Mental Health Quick Takes](#) or [Behind Happy Faces Weekly Check-In Prompts](#) resources.

Review the Fraternity's [Candidate Development resources for Virtual Operations](#) for additional ideas.

## Conclusion

With everything going on right now, brotherhood may be more important than ever. We need to be able to lean and rely upon each other to get through these challenges, which we undoubtedly will as our brothers have done for over 150 years since our founding. And remember, #OneCertainty above all is the brotherhood within the Legion of Honor.

## Resources

- [www.sigmanu.org/coronavirus](http://www.sigmanu.org/coronavirus) - starting point for all Fraternity COVID-19 resources
- <https://www.sigmanu.org/collegiate-members/pandemic-plan/mental-health> - collection of pandemic-related mental health resources
- <https://www.cdc.gov/coronavirus> - CDC website for COVID-19
- <https://www.coronavirus.gov/> - latest official information from the White House Coronavirus Task Force
- <https://nicfraternity.org/covid-19/> - COVID-19 resources from the North American Interfraternity Conference
- <https://www.npcwomen.org/coronavirus-resources/> - COVID-19 resources from the National Panhellenic Conference