

THE BYSTANDER STRENGTHS WORKSHOP

The Bystander Strengths workshop is Sigma Nu's primary bystander intervention educational program for collegiate members covering a wide array of scenarios including, but not limited to, sexual violence, drug abuse, hazing, and alcohol misuse. This 90-minute workshop is presented by trained Sigma Nu staff members and delivered to Sigma Nu-specific collegiate audiences as part of the on-site consultations offered to each chapter and colony.

This interactive workshop introduces participants to the key concepts to identify and intervene in potentially problematic situations. Objectives of the facilitated program include helping students:

- Increase recognition of the need to intervene in a broad spectrum of situations
- Increase knowledge of intervention options
- Increase confidence in ability to apply realistic intervention options in many types of situations
- Increase belief that they would realistically do or say something when confronted with a potentially problematic situation

The curriculum and presentation include a blended focus on bystander intervention and sexual violence – a 75 to 25% split focus, respectively.

The Bystander Strengths Workshop was developed in partnership with Aaron Boe, M.S.Ed. Aaron is a specialist in non-stranger sexual assault, relational violence prevention, healthy relationships, and bystander intervention. Aaron is a professional speaker and trainer who has presented at AtixA/SCOPE, ACPA, INCASA, AFA, and is an appointee to ACPA's Presidential Task Force on Sexual Violence in Higher Education. Aaron is the principal of [Prevention Culture](#), where he develops and delivers bystander intervention and sexual assault prevention keynotes and curriculum.

Sigma Nu is proud to play a leading role, with Zeta Tau Alpha, in forming this groundbreaking initiative to partner with over 13 leading men's and women's fraternal organizations to address sexual misconduct. More information about the interfraternal coalition to prevent sexual assault and create a safer social culture on college campuses can be found [here](#). Additional information about the Bystander Strengths Workshop is available upon request by contacting Sigma Nu's Director of Leadership Development, [Scott Smith](#), or Director of Health and Safety, [Fred Dobry](#).