

Supporting a Virtual Brotherhood

During this time, it is understandable that members may feel disconnected. The General Fraternity has created a list of ideas for chapters and colonies to maintain brotherhood and connectedness.

Tools for Virtual Meetings

- For **one-on-one calls**, members can take advantage of apps such as **FaceTime (iOS)**, **Google Duo**, **Facebook Messenger**, or **WhatsApp**.
- For **group meetings**, Google offers its users access to **Hangouts** that can support up to 10 users at a time. For larger groups, **Zoom** also offers free video conferencing for up to 100 for 40mins. Chapters could also purchase a Zoom subscription for as little as \$15/month which would provide access to more participants and unlimited call time. The General Fraternity has a limited number of Premium Account licenses available for free. Visit www.sigmanu.org/zoom to submit a request for one of these licenses. The Zoom "[Breakout Rooms](#)" function can be an effective tool to facilitate small group discussions as part of your meeting.

Virtual Brotherhood Ideas

- **Enjoy a Meal with Friends** – Using a group video platform, like Facetime or Google Hangout, connect with a close friend or a group during a meal.
- **Host a Book Club** – Invite members of the chapter to read together. The chapter could schedule online meetings for reflection and discussion as members work their way through the book. For suggested reads, check out [The Art of Manliness blog's "100 Books Every Man Should Read."](#)
- **Settle in for a Movie Night/TV Binge** – Make movie or binge watching a social experience by coordinating a time for everyone to start their viewing. Combine this with FaceTime or a Google Hangout to enhance the activity, or even set up a [Netflix Watch Party](#). Consider [a selection with Fraternity favorites](#) Paul Rudd (Kansas) or Harrison Ford (Ripon)!
- **Coordinate and Share Gamer Tags for Cooperative and Multiplayer Games** – Set up a Google Doc to easily collect and share gamer tags and IDs for the chapter's favorite consoles and games. The chapter could set up an online tournament to see who's the best in the chapter.



- **Share a YouTube Video or TedTalk of the Day** – Stay connected through laughter or thought-provoking ideas by sharing a daily YouTube video or TedTalk. Depending on the video, you may also want to think about set up a time for group discussion. Need suggestions? The Fraternity has curated a large selection of videos under its [Sigma Nu Talks](#) series that covers various topics related to [Leadership](#), [Values](#), and [Social Issues](#).
- **Set Up a Virtual Fitness Challenge** – Keep each other healthy by setting up a chapter fitness challenge. The chapter could set up daily workouts or coordinate activities like a virtual 5K that can be completed on your own.

Have any other ideas or best practices for ways your chapter is staying connected? Please share your ideas with Director of Chapter Services Christopher Brenton at christopher.brenton@sigmanu.org. Also, if you have any questions or need assistance with your chapter's brotherhood or brother development efforts, please do not hesitate to contact your chapter's [Leadership Consultant](#).